

## Bhagwad Gita the essence of life



### **Gita the essence of life.**

In the battlefield of Kurukshetra, God Krishna gave important teachings to Arjuna regarding life and soul. These are important and relevant even in today's times as the Gita preaches. The verses of the Gita, defining every aspect of life, will fill you with knowledge and joy. What is the essence of life and how to live life with vibrancy? What is the duty of man? You will get to know the answers to questions etc. in the teachings of the Gita. Shri Krishna gave knowledge of Gita to Arjuna in about 720 verses in 18 chapters. Some of these important verses are such that take you to the equivalent of truth.

The knowledge given in the Gita is still maintaining its importance even in the changing social scenarios. With the technical availability over time, its publicity has increased in the country and abroad as well. Read some important Shloks.

**हतो वा प्राप्यसि स्वर्गम्, जित्वा वा भोक्ष्यसे महिम्।**

**तस्मात् उत्तिष्ठ कौन्तेय युद्धाय कृतनिश्चयः॥**

## (द्वितीय अध्याय, श्लोक 37)

That means, Arjun! On attaining heroism in war, you will get the right to heaven and if you are victorious, then you will enjoy the pleasures of the earth, so it is up to you to fight and fight with determination.

There are many times in life when we start going into despair, at that time we should concentrate on our duties. One must work on what is right by deciding.

**नैनं छिद्रन्ति शस्त्राणि नैनं दहति पावकः ।  
न चैनं क्लेदयन्त्यापो न शोषयति मारुत ॥  
(द्वितीय अध्याय, श्लोक 23)**

Lord Krishna says! The soul can neither be cut with weapons, nor can be burnt with fire, nor can be wetted with water and neither air dries it.

The body that we consider to be 'our own' is only our foundation. We are all just soul forms that are formless that always remain eternal. It has to take the basis of a separate body based on its duties and deeds.

**यद्यदाचरति श्रेष्ठस्तत्तदेवेतरो जनः।  
स यत्प्रमाणं कुरुते लोकस्तदनुवर्तते॥  
(तृतीय अध्याय, श्लोक 21)**

That is, whatever the superior people conduct, the public opinion considers it as their ideal. Seeing his behaviour, other people also follow.

The best people, ie the people who lead the people, their conduct has an effect on the public, therefore it is our duty to present an example of good conduct.

**श्रद्धावान्लभते ज्ञानं तत्परः संयतेन्द्रियः।  
ज्ञानं लब्ध्वा परां शान्तिमचिरेणाधिगच्छति॥  
(चतुर्थ अध्याय, श्लोक 39)**

The meaning of this **verse** is: Humans with reverence, humans with restraint on their senses, gain knowledge through meditation. This knowledge gives them ultimate peace.

A person who is focused in his good deeds (Meditation). With the attainment of knowledge, he definitely attains his goals.

**न हि कश्चित्क्षणमपि जातु तिष्ठत्यकर्मकृत् ।  
कार्यते ह्यवशः कर्म सर्वः प्रकृतिजैर्गुणैः॥**

Meaning: Of course, no human being lives in a period without doing even a momentary work, because the whole human community is compelled to do karma, which is influenced by the qualities of nature.

Meaning: Every person is doing actions every second. He is becoming destined by his conduct and thoughts and behaviour. Therefore, man should focus on his karma as well as thinking.

**आपदः संपदः काले दैवादेवेति निश्चयी ।  
तृप्तः स्वस्थेन्द्रियो नित्यं न वाञ्छति न शोचति॥**

The happiness and sorrow that comes in life is destined and destiny is based on its old deeds. One who knows this knowledge becomes content with satisfaction and self-pity. Then he goes beyond desires and mourning.

**चिन्तया जायते दुःखं नान्यथेहेति निश्चयी ।  
तया हीनः सुखी शान्तः सर्वत्र गलितस्पृहः॥**

That is, there is no other reason for worrying. A person who knows this by having a definite intellect, he becomes happy, calm and free from all desires.

The essence of the entire Gita is to always keep the intellect in spiritual form. Keep working according to your karma. It is difficult to follow the nature of the other, because each living being works with different values and nature. Therefore, everyone should accept life spiritually and make a living.

## Astrology Blogs

By - Acharya V Shastri  
[www.acharyavshastri.com](http://www.acharyavshastri.com)



---

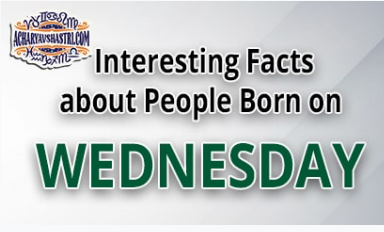
For more information related to astrology, contact [Best Astrologer in Dwarka, Gurgaon and Delhi NCR, Acharya V Shastri: + 91-9205722942](#)

[Read On Website](#)

## Other Blogs



**Peacock feather (मोरपंख),  
inauspicious defects of  
Navagraha**



**Personality Traits of People  
Born on Wednesday**



**Kritika - Star of Razor**



**Rahukal is forbidden  
during auspicious work**



**Pushya Nakshatra - Star of  
Nourishment**



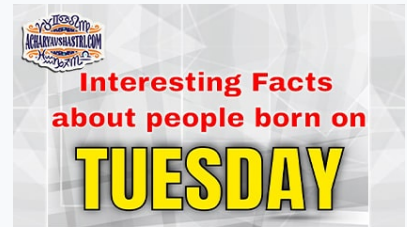
**Arisht Bhang Yoga अरिष्ट भंग योग  
अरिष्ट भंग योग क्या है**



**Yoga's in Kundli will give  
success in career**



**What is the difference  
between the name sign  
and the birth sign? Know  
from Acharya V. Shastri**



**Personality Traits of People  
Born on Tuesday**



**Mrigasira Nakshatra  
Star of Research Invention & Spirituality**



**Ashlesha Nakshatra  
Star of Clinging**

**Mrigasira Nakshatra -  
Star of Research Invention  
and Spirituality**

**Bhagwad Gita the essence  
of life**

**Ashlesha Nakshatra - Star  
of clinging**