

Astrological Remedies to Strengthen Weak Moon in Your Horoscope



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There are Nine planets and planetary bodies that Astrology gives a lot of significance to. These "Navagrahas" reflect our path through our lives as their energies interact with each other and with us to create every event in our daily lives. These planets define our character and in some situations dictate all our actions and reactions.

Each and every planetary body depicts some part of our character, with one of the most vital being the moon. The Moon is often related to our brains and our mental abilities. A strong moon often makes a person more aware and included in making right decisions in their life, which is a significant aspect of living a happy life. A weak moon, however, can cause a lot of obstacle in your life. But this does not mean that you have to live that way. You can take many steps towards strengthening your weak moon and finding your happiness.

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But before we take a look at the remedies, it is better to first you know what a

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weak moon can happen in your life.

Impact of a Weak Moon.

- A weak moon can cause despair, depression, anxiety, sadness and negative feelings towards oneself.
- A weak moon can cause a lot of tension in a person's relationship with their mother. Even this may cause them to lose their mother early in their life.
- A weak moon often makes people want to live alone or in isolation.
- A weak moon that suffers from vertigo may even cause you to have suicidal tendencies.
- Since the moon is connected to our mind, its weak position is often linked with loss of inspiration and the skill to express.
- Women with a weak moon can face a lot of troubles due to their hormones and may even see changes in their menstrual cycle and fertility.
- People with respiratory problems and with regular cough and cold are also known to have a weak moon.

Tips to Strengthen your Moon.

- Start honoring your mother and other elders in your home.
- Worship Lord Shiva every day. Offer milk to the Shivling while chanting the Shiv Chalisa or the Om Namah Shivaya mantra 108 times.
- Fasting on Monday can also help strengthen your moon.
- Wearing pearls or moonstones can relieve you from all the negative possessions of a weak moon. However, make sure that you get the stone energized before you wear it.
- Wear silver Kada on your wrist or drink water from a silver glass.
- Meditation is a great way of getting in touch with your own religious side.
 However, for strengthening a weak moon, meditating under the moonlight is strongly advised by astrologers.
- Donating white clothes to the poor and the needy can also prove to be

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helpful.

Living with a weak moon is a difficult period in life, which you may or may not have to go through. However, astrology has the answer to your difficulty as it can help you to strengthen the moon in your horoscope. As the top Jyotish in India, Pandit Acharya V Shastri ji (Best Astrologer in Delhi NCR) strongly recommends following these tips to bring the power of the moon in your favor again. Book your appointment or get assistance on call from the leading astrologer today for a more personalized analysis of your planets.

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