

Strengths, Benefits and Importance of 6 Mukhi Rudraksha (6- Six Face Rudraksha) By Acharya V Shastri



Importance and benefits of 6 - Six Mukhi Rudraksh

6 Mukhi Rudraksha is endowed with warrior qualities. Lord Kartikeya who is the son of Lord Shiva and mother Parvati wears 6 faces of Rudraksha. Our sensations are represented by Lord Karthikeya, the six major Gods. The wearer of the original 6 mukhi rudraksha gets the blessings of youthful form and fulfilment of desires. In addition, the wearer of the original Chakshumukhi Rudraksha has the gift of the highest merit of Lord Kartikeya. These qualities include being fearless, facing every challenge like a true warrior, being comfortable, keeping the highest order and acting quickly. Its owner is Kartikeya, who destroys enemies, is a destroyer and is the suzerain of Mars. Wearing it gives stability in life with a clean statue, strong base. The craving of luxuries and vehicle happiness is complete. It should be worn in the right hand. Those who wear it get freedom from the sin of brahmacharya. It can be worn by children of every zodiac, old man, woman or man. It is best to wear its garland around the neck. Due to the appearance of Kartikeya and Ganesha, wearing it,



one attains Riddhi-Siddhi. Goddess Parvati is pleased with her wearer.

Ruling Planet of 6 Mukhi Rudraksha (छह मुखी रुद्राक्ष के स्वामी ग्रह - Six Face Rudraksha)

6 Mukhi rudraksha controlled all malefic effects of Mars like manglik yog, angakarak yoga, aggression, etc. Our intense instincts such as our temper, aggression, survival and stability are all ruled by Mars. Helps calm the effects of Mars. Chhathi Mukhi Rudraksha benefits those people, who provide relief to Mangal Dosh in their natal chart (horoscope). Its properties are compared to diamonds. It is held in the right arm. If Venus is hostile, it must be worn. It provides favourable results in diseases related to eye diseases, secretions, purushartha, and lust.

Importance of Six Faced Rudraksha (छह मुखी रुद्राक्ष का महत्व:)

- It brings stability in all aspects of one's life.
- The bead wearer is blessed with meditation, grounding and perfection.
- It removes the effects of Mars.
- It connects us with our ability to fight adversities.

Benefits of Six Faced Rudraksha (6 मुखी रुद्राक्ष के लाभ:)

- Six Mukhi Rudraksha helps to relieve fatigue, laziness and dullness.
- It enhances the relationship with the earth and thus gives energy of austerity, stamina, balance and tolerance.

Health Benefits of Six Face Rudraksha (छह मुखी रुद्राक्ष चिकित्सीय के लाभ:)

- It gives relief from knee pain and bone pain.
- It gives relief from piles and arthritis.
- It helps in reducing obesity.



Mantra for Six Face Rudraksha (6 - छह मुखी रुद्राक्ष मंत्र:)

॥ ॐ हीं हुम नम: ||

How to wear Six – 6 Faced Rudraksha (छह मुखी रुद्राक्ष कैसे पहनें:)

You have to emboss Rudraksha before wearing it. Tuesday is the best day to wear Quality 6 Mukhi Rudraksha. Wake up before sunrise on Tuesday morning and clean yourself by taking bath and wearing clean and fresh clothes. Face the puja transformation of your house in the east direction. Chant the mantra " ॐ हीं हुम जम: " 108 times with a concentrated mind and wear Rudraksha.

You can wear six Mukhi Rudraksha in either silk or wool thread or can be captured in silver or gold. You can wear this Rudraksh garland around your neck or wrap it in a silver or golden basket and wear it as a bracelet. The bead must be close to the skin to produce resonance with the respective chakra. Although it is not important to touch the skin to show the bead's full effect.

How to check or identify the bead 6 Mukhi Rudraksha is Original (कैसे जांचें कि मनका एक वास्तविक 6 मुखी रुद्राक्ष है)

- To know if the garland of six Mukhi Rudraksha is real or not, do the original Mukhi Rudraksha original test.
- Look closely whether the lines on Rudraksha's body move from one end to the other without breaking.
- Whether the bead is tempered or not.
- Keep the bead of Rudraksha inside a glass of warm water for some time, remove the bead and check if the water is clean or if there is any germ.
- Check if there is any glue on the beak joints in the mukhi lines.
- Look closely if the bead has any small holes or damage. If the bead is original, allow it to dry and later wear it according to the procedure described above.



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