

Strengths, Benefits and Importance of 5 Mukhi Rudraksha (5 – Five Face Rudraksha) By Acharya V Shastri.



Importance and benefits of Five Mukhi Rudraksh

The five-faced Rudraksha Mala is the most popular and easily available Rudraksha Mala. Since ancient times, the rosary of this Rudraksha has been worn by mankind through chanting of mantras and for religious fulfilment for good health. Panch Mukhi Rudraksha is a symbol of the 5 forms of Lord Shiva, who represent Lord “Rudra Kalagni”. It helps in awakening the wearers of the divine Rudraksh. The Deputy Guru means the higher self and through him to God. Therefore, these rare 5 Mukhi beads are the most widely worn pearls by sages and students since ancient times. The five faces represent Rudra Kalagni. It achieves peace of mind. It removes all the defects arising out of the planet's perfection. Wearing it gives calm and satisfaction.

Ruling Planet of 5 Mukhi Rudraksha (पांच मुखी रुद्राक्ष के स्वामी ग्रह - Five Face Rudraksha)

The planet Jupiter rules Pancha Mukhi Rudraksha. It is thus related to its uniqueness and development of learning. Optimism and development

including mental and spiritual development are two powerful qualities associated with this Rudraksha. Those who wear five Mukhi Rudraksha get happiness, peace and fame. It has qualities similar to Yellow Sapphire – Pukhraj.

Chakra Associated with 5 Mukhi Rudraksha (Five Face Rudraksha)

The “Vishudha Chakra” or the “throat Chakra” is the fifth chakra which is associated with the 5 Mukhi Rudraksha.

Importance of Five Faced Rudraksha (पाँच मुखी रुद्राक्ष का महत्व:)

- It removes the malefic and ego effects of Jupiter.
- It increases a person's intelligence and self-awareness.
- It is extensively used for wearing and chanting mantras.
- It cultivates intelligence and intelligence.

Benefits of Five Faced Rudraksha (5 मुखी रुद्राक्ष के लाभ:)

- It helps to overcome intellectual dullness and gain spiritual confidence and insight.
- It is highly beneficial for students, scholars, teachers, writers, journalists and researchers.
- It is highly recommended for those preparing for competitive exams.
- It helps singers and public speakers achieve greater success in their respective fields.
- Those who want to get rid of all their troubles should wear five Mukhi Rudraksha.
- Devotees who want to get rid of all troubles and desire to get desired results, they should wear Panchamukhi Rudraksha.
- This Rudraksha also reduces the effect of all types of sins.
- Wearing it reduces poverty, loss of marital happiness, diseases like thigh and ear disease, diabetes.

Healyh Benefiys of Five Face Rudraksha (पंच मुखी रुद्राक्ष चिकित्सीय के लाभ:)

- It helps people with a tendency to be timid, shy or suppressed and enable them to achieve an increased sense of uniqueness, self-worth, and creativity.
- Relieves asthma and other respiratory disorders.
- It is good for heart patients. This increases spiritual confidence, morale and attachment to God.
- Helps in curing diseases related to thyroid gland. Men and women who have blood pressure and cholesterol related problems should buy 5 Mukhi Rudraksha. Even in digestive disorders, this 5 mukhi Rudraksha rosary is effective.
- Lowers cholesterol, maintains blood pressure. Good for health. Three beads have to be soaked in a glass of water every night and water is consumed first thing in the morning. Beads are then placed in a bowl and left to dry and preferably placed in the refrigerator.

Mantra for Five Face Rudraksha (5 मुखी रुद्राक्ष मंत्र:)

॥ ओम् ह्रीं नमः॥

How to wear Five Faced Rudraksha (पांच मुखी रुद्राक्ष कैसे पहनें:)

Make sure you energize it before wearing Rudraksha. Thursday is the best day to wear Panch Mukhi Rudraksha. Wake up early on Thursday morning. Cleanse yourself by taking bath and wearing clean clothes. Chanting the mantra “ओम् ह्रीं नमः” 108 times and wearing Rudraksha, facing towards the north direction. You can wear five Mukhi Rudraksh in either silk / wool thread or can hold it in silver or gold. You can wear this Rudraksh garland around your neck or wrap it in a silver or golden basket and wear it as a bracelet. The bead must be close to the skin to produce resonance with the respective chakra. Although it is not important to touch the skin to show the bead's full effect. Wearing according to

RRST has been recommended to achieve full effect.

How to check or identify the bead 5 Mukhi Rudraksha is Original (कैसे जांचें कि मनका एक वास्तविक पंच मुखी रुद्राक्ष है)

- Perform this simple test to check authenticity of Panch Mukhi Rudraksha Bead.
- Hold Rudraksha in your hand and check if the lines on it run from one end to the other without breaking.
- Check if the bead is tempered or not.
- Keep the bead of Rudraksha inside a glass of warm water for some time, remove the bead and check if the water is clean or if there is any germ.
- Check for any discoloured lines that may be caused by the presence of glue.
- Look closely if the bead has any small holes or damage. If the bead is original, allow it to dry and later wear it according to the procedure described above.

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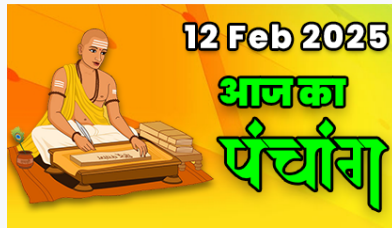
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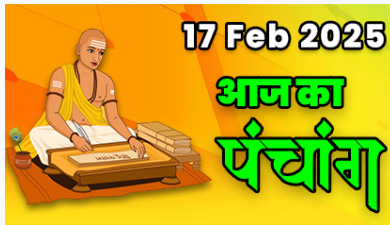
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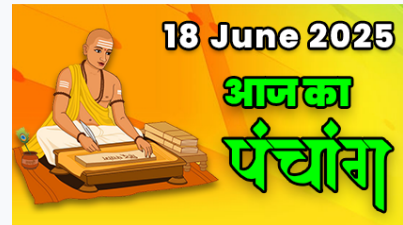
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