

# Strengths, Benefits and Importance of Teen Mukhi Rudraksha (3 - Three Face Rudraksha) By Acharya V Shastri



## Strengths, Benefits and Importance of Teen Mukhi Rudraksha (3 - Three Face Rudraksha)

The original 3 Mukhi Rudraksha is the most powerful and mysterious rosary for health among all other Rudrakshas. This auspicious Rudraksha represents the fire god Agnidev and bears the purifying qualities of God. Just as the fire burns and destroys, the virtue 3 Mukhi Rudraksha burns negative energies and destroys the previous actions of the wearer. It is believed that the wearer of the 3 Mukhi Rudraksh attains Moksha and is freed from all the shackles and deeds of the past life. The rare 3 Mukhi beads of Rudraksha help in controlling stress levels and impart sharp thinking. This bead is found in both Nepal and Indonesia. This represents Agnidevata. 3 Mukhi Rudraksha does all the doshas resulting from the perfection of the sun. By wearing 3 Mukhi Rudraksha, a person is liberated from the cycle of birth after birth and attains salvation. (It is said that the wearer of 3 mukhi rudraksha never takes birth again, means he gets Moksha). It has a bad condition of stomach and yakruta, a three-faced Rudraksh triduparupa that gives learning. According to Shivpuran, three Mukhi Rudraksha is said to give fruits equal to difficult cultivation. People who aspire to

attain learning.

### **Ruling Planet of 3 Mukhi Rudraksha (3 - तीन मुखी रुद्राक्ष के स्वामी ग्रह - 3 Face Rudraksha)**

Teen Mukhi Rudraksha (Three Face Rudraksha) controls and represent to Mars. It's remove all negative effects of mars and give all positive effects of sun as well as social recognition. Mars is its lord. In order to get rid of Mars, it is assumed to be against the adverse. It is also more effective than coral. Mars has been considered as the causative planet of red blood particles, kidney, cervix, genitals.

### **Importance of 3 Mukhi Rudraksha (तीन मुखी रुद्राक्ष का महत्व - Three Face Rudraksha)**

- Three Mukhi Rudraksha have a soothing effect on the mind and body of people.
- It releases tension due to past sins and helps in achieving success.
- It frees a person from the obstacles that he has to bear due to his past deeds.

### **Benefits of 3 Mukhi Rudraksha (3 - तीन मुखी रुद्राक्ष के लाभ)**

- Minimize the past sad memories of hurt shame and anger.
- Boosts confidence.
- Relieves the victim's feelings.
- Relieves stress.
- Brings each moment to awareness.
- The three quickest means of fulfilling every desire of a person is three Mukhi Rudraksha. Wearing it quickly fulfils the wish.
- Wearing it gives Shree, fast and self-power. It is auspicious for health and higher education.
- Wearing it removes poverty and gives success in education and business

related competition.

- Wearing it because of its fire form, the fire god is pleased, attains opulence and keeps the body healthy.
- Wearing it destroys all sins.

### **Health Benefits of 3 Mukhi Rudraksha: (3 मुखी रुद्राक्ष के स्वास्थ्य लाभ: -3 three face rudraksha)**

- Cures stomach diseases.
- Fixes acidity.
- Relieves liver disease.
- For healthy digestive system.
  
- Three Mukhi Rudraksha should be worn for prevention of blood pressure, smallpox, hemorrhoids, anemia, cholera, menstrual related diseases.

### **Mantra of 3 Mukhi Rudraksha (3 मुखी रुद्राक्ष का मंत्रः)**

**॥ओम् क्लीम नमः॥**

### **How to wear 3 Mukhi Rudraksha (कैसे धारण करें 3 मुखी रुद्राक्षः)**

To get up early in the morning (morning), clear the area where you sit and chant. Take a shower and wear clean clothes. Now sit facing the puja transformation of your house in the east direction. Chant the mantra "EM Klein Namah" 108 times with a concentrated mind. Now apply sandalwood paste with kumkum and wear Rudraksha.

### **Important Instructions for 3 Mukhi Rudraksha.**

You can wear 3 Mukhi Rudraksha in wool or silk thread or can be captured in

silver or gold or attached in a silver or golden basket.

### How to check or identify the bead 3 Mukhi Rudraksha is Original (कैसे जांचें कि मनका एक वास्तविक 3 मुखी रुद्राक्ष है - जानिए कैसे करें पहचानः)

- A basic Rudraksha bead will have a well-defined face, which means that the lines running from one end to the other are well defined.
- Look closely at Rudraksha and check if the shape and corn are natural and whether there are cracks with the mukhi.
- Check if the pearls are shiny, healthy and have no insect holes.
- The rosary of Rudraksha is obtained from Nepal and Java. The pearls of Nepal are different in appearance and shape as compared to the Java Beeds.
- The garlands of Nepal are comparatively larger and have darker and clearer heads (lines) than the Java beads.

For more information related to astrology, contact **[Best Famous Celebrity Astrologer in Dwarka, Gurgaon and Delhi NCR](#)**, Acharya V Shastri: +  
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