

Strengths, Benefits and Importance of 21 Mukhi Rudraksha (Twenty one Face Rudraksha) By Acharya V Shastri.



Importance and benefits of 21 - Twenty one Mukhi Rudraksh

Twenty-one Mukhi Rudraksha is ruled by Lord Kubera, the patron of wealth. He is the lord of yakshas and a devotee of Lord Shiva. He is also known as Dhanapati (Lord of Wealth). Kubera is the trustee of all wealth and food grains and blesses the 21 Mukhi wearers of immense prosperity and happiness and fulfilment of material desires. If a poor person wears it, he still becomes rich. There is never a shortage of anything in the life of the wearer.

Benefits of 21 Mukhi Rudraksha (इक्कीस मुखी रुद्राक्ष के लाभ:)

- It brings immense prosperity and good fortune.
- It brings unity in the life of the wearer with the support of the world.
- The wearer of this bead is blessed with name, fame and abundance.
- It fulfills the materialistic desires of the wearer.
- It makes the body healthy and free from diseases.

Health Benefits of 21 Mukhi Rudraksha (इक्कीस मुखी रुद्राक्ष के चिकित्सीय लाभ:)

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It relieves stress and depression.

It also reduces anxiety and all tensions.

Mantra of 21 Mukhi Rudraksha (इक्कीस मुखी रुद्राक्ष का मंत्र:)

॥"ओम यक्षाय कुबेराय वैश्रवणाय धन-धनादि"॥

How to wear 21 Mukhi Rudraksha (इक्कीस मुखी रुद्राक्ष कैसे धारण करें)

To get Rudraksha, get up early on Monday morning, clean the area where you are going to sit and chant. Take a shower and wear clean clothes. Now sit facing the puja transformation of your house in the east direction. Chant the mantra "ओम यक्षाय कुवेराय वैश्रवणाय धन-धनादि" 108 times with a concentrated mind. Now apply sandalwood paste with kumkum and wear Rudraksha. You can wear 20 Mukhi Rudraksh of this quality in wool or silk thread or can be captured in silver or gold or attached in a silver or golden basket.

How to check or identify the bead 21 Mukhi Rudraksha is Original (कैसे जांचें कि मनका एक वास्तविक बारह -21 मुखी रुद्राक्ष है)

- Original Rudraksh bead will have a well-defined face, which means that the lines running from one end to the other are well defined.
- Look closely at Rudraksha and check if the shape and corn are natural and whether there are cracks with the mukhi.
- Check if the pearls are shiny, healthy and have no insect holes.
- The garland of Rudraksha is obtained from Nepal and Java. The pearls of Nepal are different in appearance and shape as compared to the Java Beeds.
- The garland of Nepal is large in size and the curved line runs like a deep groove on the surface. Java pearls are small and solid in appearance and have curved lines in the form of white thread on the surface. Both varieties are rare and much sought after. Due to the large surface area, pearls of

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Nepal work rapidly. But as you wear it regularly on the body, the long-term effect of both varieties is the same. Due to a monopoly on purchases, the price of Java beads is kept low by the Divine Messenger and thus buyers can benefit by using these mukhi and rare high faces at low cost.

- Rudraksh from Nepal as well as Java, Indonesia emit electromagnetic vibrations that affect our body's energy centres chakras and bring harmony and order back to the wearer's life.
- Look closely whether the lines on Rudraksha's body move from one end to the other without breaking.
- Check if the bead is tempered or not.
- Keep the bead of Rudraksha inside a glass of warm water for some time, remove the bead and check whether the water is clean or if there is any germ.
- Check if the bead is still solid and there is no broken or glued face.
- Look closely if the bead has any small holes or damage. If 21 Mukhi
 Rudraksha undergo the above test, it is the root.

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