

Strengths, Benefits and Importance of Do Mukhi Rudraksha (2-Two Face Rudraksha) By Acharya V Shastri



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The most divine and beautiful form of integration is represented by the original 2 Mukhi Rudraksha. It is the symbol of “Ardhanareeswarar” which is a united form of Shiva and Shakti. The two Mukhi Rudraksha bead symbolizes the integration of mind and soul created by Shiva and Parvati or Shivalinga. The wearer of this Rudraksha gets wealth, happiness and inner bliss and fulfilment of desires. It also promotes harmony, provides emotional stability in all relationships and provides positive healing energy to the mind and emotions. This divine Rudraksha should be worn by those who need to enhance their relationship with themselves and others. It removes self-doubt and increases self-esteem. Two face Rudraksha is the ardhhanarishvara form of Shiva. It brings harmony in husband-wife, father-son, friends and business relationships. This mani who maintains unity, provides spiritual peace and perfection. It removes the defects created by the Moon's perfection; Rudraksha, the two faces, is said to be the form of both Goddess and Goddess. Wearing it removes many types of sins.

Ruling Planet of Do Mukhi Rudraksha (दो मुखी रुद्राक्ष के स्वामी ग्रह - Two Face Rudraksha)

Do Mukhi Rudraksha (2 Face Rudraksha) controls and rule to moon planet and helps to the wearer gain emotional stability, wealth and pleasure. It is held to issues for the adverseness effects caused by the Moon.

Importance of Do Mukhi Rudraksha (दो मुखी रुद्राक्ष का महत्व - 2 Face Rudraksha):

- It is a symbol of unity.
- Gives harmony in all types of relationships.
- It changes people's personality and outlook in a positive way.
- Gives emotional stability.
- It removes the flaw of the planet Moon.

Benefits of Do Mukhi Rudraksha (दो मुखी रुद्राक्ष लाभ)

- Wearing two Mukhi Rudraksha creates a sense of unity and unity in any relationship between wife and husband, guru disciple, friends, colleagues, parents and children.
- Two Mukhi Rudraksha is very suitable for couples planning to have children.
- Worn by those looking for the perfect life partner.
- Gives inner happiness, peace and fulfilment.
- Provides healing energy for mind and emotions.
- Enhances creativity.
- By wearing it, there is a habitation of Sohard Lakshmi. Lord Ardhanarishwar is pleased with this.
- Worldly obstacles and happy married life are overcome by his energy.
- It has been considered useful for Israel. Children have been considered useful for birth, pregnancy and epilepsy.

Health Benefits of Do Mukhi Rudraksha: (दो मुखी रुद्राक्ष के स्वास्थ्य लाभ: -Two face rudraksha)

- Cures kidney and intestinal diseases.
- Cures sexual diseases and infertility.
- Strengthens muscles.
- It is beneficial in heart, lungs, brain, kidneys and eye diseases. It is helpful in meditation.

Mantra of Ek Mukhi Rudraksha (2 मुखी रुद्राक्ष का मंत्र:)

॥ओम् नमः शिवाय ॥

How to wear Ek Mukhi Rudraksha (कैसे धारण करें दो मुखी रुद्राक्ष:)

Check the quality of do mukhi rudraksh before wearing. The planet Moon is ruled by 2 Mukhi Rudraksha and it is recommended to wear this auspicious bead on Monday.

Wake up early on Monday morning, bathe and put on clean and fresh clothes. Now sit facing the puja transformation of your house in the east direction. Chant the mantra "Namah Shivaya" 108 times with a concentrated mind and wear Rudraksha. You can wear this divine quality 2 mukhi rudraksh in wool or silk thread or impregnate it in silver or gold or attach it in a silver or golden basket.

How to check or identify the bead Ek Mukhi Rudraksha is Original (कैसे जांचें कि मनका एक वास्तविक 2 मुखी रुद्राक्ष है - जानिए कैसे करें पहचान:)

- An original rudraksha bead will have a well-defined face, which means that the lines running from one end to the other are well defined.
- Look closely at Rudraksha and check if the shape and corn are natural and whether there are cracks with the mukhi.

- Check if the pearls are shiny, healthy and have no insect holes.
- The rosary of Rudraksha is obtained from Nepal and Java. The pearls of Nepal are different in appearance and shape as compared to the Java Beeds.
- The garlands of Nepal are comparatively larger and have darker and clearer heads (lines) than the Java beads.
- Rudraksh from Nepal as well as Java, Indonesia emit electromagnetic vibrations that affect our body's energy centres chakras and bring harmony and order back to the wearer's life.
- Look closely whether the lines on Rudraksha's body move from one end to the other without breaking.

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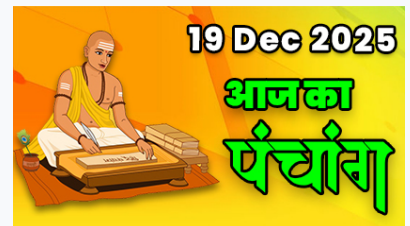
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1 to 21 Mukhi Rudraksha
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