

## Strengths, Benefits and Importance of 18 Mukhi Rudraksha (Eighteen Face Rudraksha) By Acharya V Shastri.



### Importance and benefits of 18 - Eighteen Mukhi Rudraksh

The original 18 Mukhi Rudraksha is a divine gift to mankind by nature. The goddess worships the earth / land goddess Rudraksh. It blesses the wearer with abundance and success in all undertakings and also helps fulfil all desires. This Rudraksha goddess bears the divine powers of the land and creates a strong connection of the wearer with Mother Earth.

The person wearing this Rudraksha benefits from land deals / property / real estate business. Mother Earth nourishes us all by providing our basic needs. The wearer of eighteen Mukhi Rudraksha is cantered, and gives immense wealth to the wearer.

### Ruling Planet of 18 Mukhi Rudraksha (अठारह मुखी रुद्राक्ष के स्वामी ग्रह - Thirteen Face Rudraksha)

Planet Earth represent tis 18 mukhi Rudraksha. This divine Rudraksha bears the powers of Mother who nourishes every creature on this planet and blesses the wearer with wealth and prosperity.

### Chakra Associated with 18 Mukhi Rudraksha (Eighteen Face Rudraksha)

The chakra associated with 18 mukhi rudraksh is Muladhara, or "Moola" chakra.

## Importance 18 Mukhi Rudraksha (अठारह मुखी रुद्राक्ष का महत्वः )

- Eighteen Mukhi Rudraksha gives abundance to the wearer.
- It presents the qualities of balance, frozen nature and strength to face all challenges.
- It calms the imbalance of the earth element and the Kapa Dosha.

## Benefits of 18 Mukhi Rudraksha (अठारह मुखी रुद्राक्ष के लाभः )

- It helps to relieve fatigue, sluggishness and dullness.
- This earth enhances the relationship with the Mother / Land Goddess, giving energy of penance, patience, stamina, balance and tolerance.
- The wearer becomes stable, organized and organized in their thinking and expression, including their communication and behaviour.

## Health Benefits of 18 Mukhi Rudraksha (अठारह मुखी रुद्राक्ष के चिकित्सीय लाभः)

- It reduces the symptoms related to obesity, haemorrhoids, knees, feet and bones pain.
- It is good for musculoskeletal systems.
- This balances the carp dosha.

## Mantra of 18 Mukhi Rudraksha (अठारह मुखी रुद्राक्ष का मंत्रः )

**॥ओम् ह्रीं श्रमे वसुधेय स्वाहा ॥**

**॥ ॐ ह्रीं ह्रूम एकतत्व रूपे ह्रूम ह्रीं ॐ ॥**

## How to wear 18 Mukhi Rudraksha (अठारह मुखी रुद्राक्ष कैसे धारण करें )

**How to check or identify the bead 18 Mukhi Rudraksha is Original (कैसे जांचें कि मनका एक वास्तविकि बारह -18 मुखी रुद्राक्ष है)**

- Look closely at Rudraksha and check if the shape and corn are natural and whether there are cracks with the mukhi.
- Check if the pearls are shiny, healthy and have no insect holes.
- The garland of Rudraksha is obtained from Nepal and Java. The pearls of Nepal are different in appearance and shape as compared to the Java Beeds.



- The garland of Nepal is large in size and the curved line runs like a deep groove on the surface. Java pearls are small and solid in appearance and have curved lines in the form of white thread on the surface. Both varieties are rare and much sought after. Due to the large surface area, pearls of Nepal work rapidly. But as you wear it regularly on the body, the long-term effect of both varieties is the same. Due to a monopoly on purchases, the price of Java beads is kept low by the Divine Messenger and thus buyers can benefit by using these mukhi and rare high faces at low cost.
- Rudraksh from Nepal as well as Java, Indonesia emit electromagnetic vibrations that affect our body's energy centers chakras and bring harmony and order back to the wearer's life.
- Look closely whether the lines on Rudraksha's body move from one end to the other without breaking.
- Check if the bead is tempered or not.
- Keep the bead of Rudraksha inside a glass of warm water for some time, remove the bead and check whether the water is clean or if there is any germ.
- Check if the bead is still solid and there is no unsatisfied face.
- Look closely if the bead has any small holes or damage. If Ashta Mukhi Rudraksha undergoes the above test, it is the root.
- Allow the Rudraksha bead to dry and then wear it as per the procedure mentioned above.

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