

# Strengths, Benefits and Importance of 15 Mukhi Rudraksha (Fifteen Face Rudraksha) By Acharya V Shastri.



## Importance and benefits of 15 – Fifteen Mukhi Rudraksh

Fifteen Mukhi Rudraksha is the rarest and most mysterious Rudraksha bead that nature has introduced to mankind. The rare 15 Mukhi garlands of Rudraksha create a medium that helps the wearer to connect with himself, removing him from the comfortable bonds of the soul. This powerful pandrah mukra Rudraksh is ruled by Pashupatinath Shiva and it helps to free from all the pashas (bandhans) of grief, expectations, apathy, hurt and non-forgiveness and free the wearer from contentment and enjoyment. The 15 Mukhi Rudraksha bead attracts abundance and fulfilment. It gives one the ability to let go and forgive and awaken unconditional love. This makes the wearer more kind and generous.

## Ruling Planet of 15 Mukhi Rudraksha (पंद्रह मुखी रुद्राक्ष के स्वामी ग्रह - Thirteen Face Rudraksha)

Fifteen Mukhi Rudraksha is associated with the planet Mercury. It's give intelgency as well as remove all negative effects of mercury (Budh Grah)

planet.

### **Chakra Associated with 15 Mukhi Rudraksha (Fifteen Face Rudraksha - पंद्रह मुखी रुद्राक्ष)**

The Anahata Chakra or Heart Chakra is the fourth chakra associated with the 15 Mukhi Rudraksha. This chakra is located in the centre of the chest where we experience feelings of love, compassion, devotion and generosity, and on the other hand feelings of despair, hatred, jealousy, mistrust and anger.

### **Importance 15 Mukhi Rudraksha (पंद्रह मुखी रुद्राक्ष का महत्व: )**

- Fifteen Mukhi Rudraksha helps the wearer to come out of the Pasha (Bandhan) instinct and move towards independence or self-realization.
- This powerful Rudraksha aids in meditation and spiritual attainment.
- Mercury calms the male influence of the planet.

### **Benefits of 15 Mukhi Rudraksha (पंद्रह मुखी रुद्राक्ष के लाभ: )**

- With this divine Rudraksh, the suffering, ignorance and suffering due to the bonds are destroyed.
- It helps fulfil all desires and promotes healthy relationships by opening the heart chakra.
- The wearer becomes a channel of pure unconditional love.
- This bead removes all negative emotions by providing healing energy.
- The wearer gains knowledge, creation and spiritual growth.

### **Health Benefits of 15 Mukhi Rudraksha (पंद्रह मुखी रुद्राक्ष के चिकित्सीय लाभ:)**

- It gives relief from cardiovascular diseases, asthma, respiratory diseases

and any type of heart diseases.

- This Rudraksha bead also gives relief in allergy and fever.
- It releases feelings of carelessness, grief, loneliness and emotional depression.

### **Mantra of 15 Mukhi Rudraksha (पंद्रह मुखी रुद्राक्ष का मंत्र: )**

**॥ "ओम नमः शिवाय" ॥**

**॥ "ओम् ह्रीं नमः"॥**

### **How to wear 15 Mukhi Rudraksha (पंद्रह मुखी रुद्राक्ष कैसे धारण करें)**

One should wear 15 Mukhi Rudraksha before wearing it. Mercury rules the Pandit Mukhi Rudraksha and it is advised to wear this auspicious bead on Wednesday. Get up and take a bath on Wednesday morning and wear clean and fresh clothes. Now sit facing the puja transformation of your house in the east direction. Chant the mantra **"ओम नमः शिवाय"** or **"ओम् ह्रीं नमः"** with the concentrated mind 108 times and wear the Rudraksha. You can wear this divine quality 15 Mukhi Rudraksha in wool or silk thread or imprison it in silver or gold. Or can be attached to a silver or golden basket. You can wear this Rudraksha garland around your neck or as a bracelet. Bead close to the skin to create resonance with the respective chakra To show the full effect of the bead, however, it is not important to touch the skin. For full effects, wearing only according to the RRST is highly recommended.

### **How to check or identify the bead 15 Mukhi Rudraksha is Original (कैसे जांचें कि मनका एक वास्तविक बारह -15 मुखी रुद्राक्ष है)**

- A basic Rudraksh bead will have a well-defined face, which means that the lines running from one end to the other are well defined.
- Look closely at Rudraksha and check if the shape and corn are natural and whether there are cracks with the mukhi.

- Check if Rudraksh is shiny, healthy and has no insect holes.
- The garland of Rudraksha is obtained from Nepal and Java. Rudraksha of Nepal is different in appearance and shape as compared to Java seeds.
- The garland of Nepal is large in size and the curved line runs like a deep groove on the surface. The java rudraksh is small and solid in appearance and has curved lines in the form of white thread on the surface.
- Both varieties are rare and much sought after. Due to the large surface area, pearls of Nepal work rapidly. But as you wear it regularly on the body, the long-term effect of both varieties is the same. Due to the monopoly on purchases, the price of Java beads is kept low by the Divine Messengers and thus buyers can benefit by using these mukhi and rare high faces at low cost.
- Rudraksh from Nepal as well as Java, Indonesia emit electromagnetic vibrations that affect our body's energy centres chakras and bring harmony and order back to the wearer's life.
- Look closely whether the lines on Rudraksha's body move from one end to the other without breaking.
- Check if the bead is tempered or not.
- Keep the bead of Rudraksha inside a glass of water for some time, remove the bead and check whether the water is clean or there is any germ.
- Check whether the bead is still solid and there is no inequality of salvation.
- Look closely if the bead has any small holes or damage. If fifteen mukhi Rudraksha undergo the above test, then it is original
- Allow the Rudraksha bead to dry and then wear it as per the procedure mentioned above.

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[Astrologer in Dwarka, Gurgaon and Delhi NCR](#), Acharya V Shastri: +

91-9205722942

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