

Strengths, Benefits and Importance of 11 Mukhi Rudraksha (Eleven Face Rudraksha) By Acharya V Shastri



Importance and benefits of 11 - Eleven Mukhi Rudraksh

The original 11 Mukhi Rudraksha also known as Ekadash Rudraksha is ruled by 11 Rudraksh. It blesses the wearer of the divine bead with material abundance as well as spiritual growth. Eleven Mukhi Rudraksha is a boon for mankind because it helps awaken the inner Guru. Gayara Mukhi Rudraksha encourages and supports the wearer to meditate. It also awakens a higher level of awareness, listens to its inner guru (conscious), enhances knowledge and attributes right conscience. In addition, this powerful eleventh Rudraksha calms the effects of all the nine planets.

Ruling Planet of 11 Mukhi Rudraksha (11 मुखी रुद्राक्ष के स्वामी ग्रह - Eleven Face Rudraksha)

Eleven Mukhi Rudraksh is the ruler of 11 Rudra. Its effect is on all senses, strong language, and fearless life. All planetary defect is eliminated from the defects.

Chakra Associated with 11 Mukhi Rudraksha (11 - Eleven Face Rudraksha)

The Vishuddha Chakra or Throat Chakra is the fifth chakra associated with the 11 Mukhi Rudraksha. This chakra corresponds to the laryngeal plexus and is associated with both hearing and hearing. It is the purification point of the body and the center of knowledge, will, truth and power of choice. It is from this center of will that you express your needs and desires, your creativity and your power of choice.

Importance Eleven Mukhi Rudraksha (ग्यारह मुखी रुद्राक्ष का महत्व:)

- It helps in meditation and spiritual practice.
- It enhances concentration, memory and creativity.
- It blesses the wearer with knowledge and confidence.

Benefits of 11 Mukhi Rudraksha (ग्यारह मुखी रुद्राक्ष के लाभ:)

- 11 Mukhi Rudraksha blesses the wearer with the ability to do true justice, impart enhanced wisdom, and control all senses and blessings with a powerful vocabulary.
- This powerful Rudraksha bead is highly recommended for those preparing for competitive exams.
- It makes the wearer funny, bold, logical, expressive and intelligent.

Health Benefits of 11 Mukhi Rudraksha (ग्यारह मुखी रुद्राक्ष के चिकित्सीय लाभ:)

- The medical condition of asthma and other respiratory disorders is treated with a garland of 11 Mukhi Rudraksha.
- It also cures bronchitis and hay fever.
- It regulates the functioning of the thyroid gland and improves immunity.
- Good for respiratory system health.

Mantra of 11- Eleven Mukhi Rudraksha (ग्यारह मुखी रुद्राक्ष का मंत्र:)

॥ ॐ ह्रीं हुम नमः ॥

How to wear 11 Mukhi Rudraksha (कैसे धारण करें ग्यारह मुखी रुद्राक्षः)

The original Gerua Mukhi should be energized before wearing Rudraksha. You can wear rare 11 Mukhi beads on Thursday. Get up early and take a bath on Thursday morning and wear clean and fresh clothes. Face the puja transformation of your house in the east direction. Chant the mantra "ॐ ह्रीं हुम नमः" 108 times with a concentrated mind and wear Rudraksha.

11 Mukhi Rudraksha can be worn as a bracelet or a garland. You can thread it in silk or wool threads or imprison it in silver or gold. The Rudraksha bead should touch your skin so that it becomes active and starts working on particular areas. It is recommended to wear only Rudraksha to get the right effect.

How to check or identify the bead 11 Mukhi Rudraksha is Original (कैसे जांचें कि मनका एक वास्तविक 11 मुखी रुद्राक्ष है)

- Ways to test whether the bead is the original Gayara 11 Mukhi Rudraksha:
- Examine the bead by holding the Rudraksha bead in your hand, see that the lines on the body of the 11 Mukhi Rudraksha move smoothly without breaking from mouth to tail, that is, without breaking from one end to the other.
- Check if the bead is in nature or if there is a hole in it.
- Test whether the bead is original by taking a bead of Rudraksh for some time by pouring it inside a glass of warm water. Check if the water is clean and does not contain germs.
- Check if the bead is still solid and there is no sticking surface.
- Look closely if the bead has any small holes or damage. If the bead is original, allow it to dry and later wear it according to the procedure described above.

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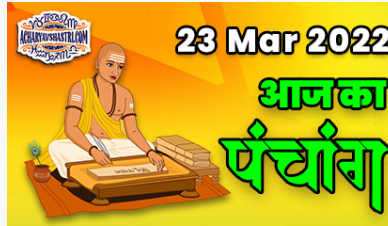
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