

Strengths, Benefits and Importance of Ek Mukhi Rudraksha (1-One Face Rudraksha) By Acharya V Shastri



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Mukhi Rudraksha is the most auspicious, divine and powerful gift of nature to mankind. It is the rarest of all moksha and is the king of all rudraksha beads. "Ekamukhi Ek Mukhi Rudraksha" is ruled by Lord Shiva himself, pure Chaitanya or "Paramashiva". This mystic bead is thus an embodied "Shiva" form and blesses the wearer with abundance. It is believed that the wearer of this bead attains salvation, increases awareness and merges with the full consciousness of God. One of the super "most powerful **Rudraksha**". Ekamukhi Rudraksha is considered rare. It is said to be a real Shiva It is believed that one gets fame by wearing it, a Mukhi Rudraksha gives liberation.

According to mythological beliefs, Ekmukhi Rudraksha is considered to be a form of Siva. Through his constant meditation and meditation, the holder – Universal Wisdom, attains the highest Consciousness, becomes trikaldarshi, and merges into the heavenly (Divine) Supreme Consciousness. This gem proves effective on the command cycle, awakening divine knowledge and

spiritual vision. As a result of the grace and holy deeds of Lord Shiva and some few lucky individuals, this rare opportunity to wear money. By wearing it, the person definitely goes to the Moksha Marg. The holder acquires the ability to fulfil the desires of the mind, to rule the whole world, to keep it in his fist. The holder acquires the ability to take appropriate decisions in every circumstance.

Ek Mukhi Rudraksha comes from Java, Indonesia because ek Mukhi Rudraksha rarely found in Nepal. Ek Mukhi **Rudraksha** available in half-face cashew shape is not actually a Mukhi Rudraksha of Nepal and Sri Lanka and South India and they belong to Bhadraksha and not Rudraksha. The **“Akhil Bhartiya Vedic Shikshan Avam Parshikshan Sansthan” A Premier Institute of Vedic Astrology** (An Autonomous Institution, Registered Under Public trust Act -1882, Government of India, NCT of Delhi) never recommend it for any treatment therapy as it does not show truly original rudraksha results. Rudraksh is elliptical like one faced eye and is considered by the yogis as the eye of Shiva “Shivanetra”. The shape is due to having a seed and a natural hole inside it. There is never a single face available that can be rounded for the same reason. 2 faces will be flattened and 3 faces will be like a triangle and 4 faces will be squashed for the same number of times the number of faces.

Ruling Planet of Ek Mukhi Rudraksha (एक मुखी रुद्राक्ष के स्वामी ग्रह - 1- One Face Rudraksha)

Ek Mukhi Rudraksha (One Face Rudraksha) controls all the nine planets and is also associated with the planet Neptune.

Chakra Associated with Ek Mukhi Rudraksha (1 - One Face Rudraksha)

Quality Ek Mukhi Rudraksha controls the “Sahashara Chakra” which governs clarity of mind, Soul’s relationship with God and your belief systems. Imbalance causes depression, obsessive thinking, confusion and you may suffer from dizziness / migraine / neurological disorder. Once balanced, you get divine connections and discover wealth and prosperity.

Importance of Ek Mukhi Rudraksha (एक मुखी रुद्राक्ष का महत्व - 1 Face Rudraksha)

- **Ek Mukhi Rudraksha** is the divine object of the vow
- It symbolizes the link between earth and heaven.
- It is the link between individual consciousness and ultimate consciousness between the individual and God.
- It represents the energy of “Param Shiva”, liberating from the cycle of death and birth.
- Wearing ek Mukhi brings both material benefits and spiritual attainment.
- The ultimate “Shivatatva” of ek mukhi allows anyone to have worldly success and material enjoyment without attachment.

Benefits of Ek Mukhi Rudraksha (एक मुखी रुद्राक्ष के लाभ)

- Wearing a Mukhi Rudraksha fulfils the wishes and desires of the wearer
- The most powerful bead for meditation and spiritual attainment.
- The ingestion destroys the sins and past deeds done by Shuddhi.
- A divine and Spiritual for Moksha.
- Those who are fascinated by wealth and material things should wear a Mukhi Rudraksha.
- This gives Abhay Lakshmi. On its wearing, the Sun-borne defects are eliminated.
- It provides fame and strength.
- Wearing it increases spiritual growth, concentration, worldly, physical, mental and divine troubles and increases morale.

Health Benefits of Ek Mukhi Rudraksha: (एक मुखी रुद्राक्ष के स्वास्थ्य लाभ: - 1 - One face rudraksha)

- Treats migraine within 7 days of wear.
- Psychotherapy treats illnesses – depression, anxiety and OCD.

- Peace of mind, gives concentration.
- It should be worn to prevent eye diseases, headaches, heart attacks, stomach and bone related diseases.

Mantra of Ek Mukhi Rudraksha (एक मुखी रुद्राक्ष का मंत्रः)

॥ ओम् ह्रीं नमः॥

How to wear Ek Mukhi Rudraksha (कैसे धारण करें एकमुखी रुद्राक्षः)

Wake up early on Monday morning, bathe and put on clean clothes. Now sit facing east and Chant the mantra "ओम् ऐं ह्रीं नमः" or "ओम् नमः शिवाय" chant 108 times and wear Rudraksha. Ek Mukhi Rudraksha can be worn in silk / wool thread or in silver or gold. You can wear this bead around your neck or as a bracelet. The bead should touch your skin so that it activates and works on particular areas.

How to check or identify the bead Ek Mukhi Rudraksha is Original (कैसे जांचें कि मनका एक वास्तविक 1 मुखी रुद्राक्ष है)

To test whether Ek Mukhi Rudraksha bead is original or not, you should test Rudraksha according to the following simple steps. Look carefully at the bead of Rudraksh and see if the line (mouth) is complete and moves from one end to the other without a break or not and the bead is not restrained. Now keep this Rudraksha bead inside a glass filled with warm water for an hour or two, now remove this bead and check whether the water is clean or not germs. Check if the bead is still solid and does not leave sticking surfaces. Also check closely whether there are any small holes in the bead. If the bead is original, keep it to dry and then wear it as per the procedure mentioned above.

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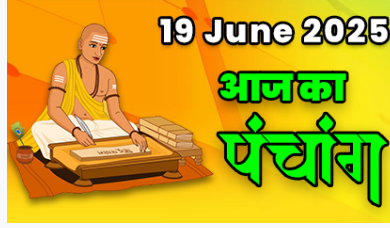
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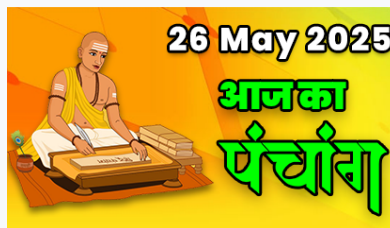
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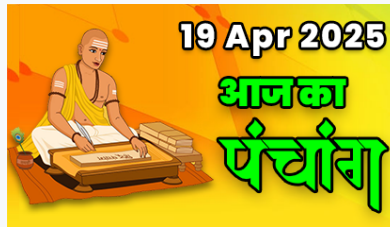
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